

## ABC's of Party Giving

When it's your turn to host the Superbowl, St. Patrick's, Holiday or any other celebration, you can throw a great party and avoid contributing to the tragedy of a drunk driving crash when your guests leave. Practice AAA's ABC's of Party giving.

## Alcohol Awareness

Ask your guests to choose a designated driver for the evening. Have a car key collection when your guests arrive. Mix drinks yourself, avoid open bars. Close the bar 90 minutes before the party is over.

## Buffet

Always serve high protein foods such as cheese and meats. They stay in the stomach longer and slower down the rate of intoxication. Starchy foods are great too. Minimize salt. Salt makes people thirsty and speeds up intoxication.

Always provide non-alcoholic drinks; soft drinks, juices, punch and delight everyone with the delicious mocktails in this brochure.

## Carpool

Remember: only TIME will make your guests sober. It takes one hour to burn off the average drink. 5 ounces of wine, 12 ounces of beer and 1 1/2 ounces of liquor all contain about the same amount of alcohol.

Keep watch on behavior. Arrange cab rides, rides with a "designated driver," or invite intoxicated friends to sleep over. For irate guests, "hide" their keys until they have found another ride home.



# Mocktails

Counterfeit Cocktails







# Sangria



2 c. Orange Juice, chilled  
1 c. Unsweetened White Grape Juice  
1 c. Cranberry Juice  
1 L. Lemon-Lime Soda  
2 c. Assorted fresh fruit; oranges, in wedges, thinly sliced lemons and limes, seedless grapes sliced, sliced peaches, and halved strawberries.

Combine all ingredients in pitcher. Pour over ice in glasses.

## Pomegranate Spritzer

1 Lemon for twist  
2 c. Ginger Ale, chilled  
1 c. Pomegranate Juice, chilled  
Ice  
1 c. Seltzer

In a pitcher, combine ginger ale and pomegranate juice. Fill wine glasses with ice. Divide liquid among glasses, leaving room to top with seltzer. Peel lemon rind with vegetable peeler. Rub lemon twist on edge of glass and drop in.

## Bellini



2 oz Peach or Apricot nectar, juice or puree  
Sparkling Apple Cider, chilled

Coat the rim of a champagne glass with flavored sugar.

Pour nectar, add the cider slowly until full.

## Virgin Mary



4 oz. Tomato Juice  
1 dash Lemon Juice  
1/2 tsp Worcestershire  
2 drops Tabasco

Fill Large wine glass with ice. Add tomato juice, then rest of ingredients. Stir and garnish with a lime wedge.